

Inkerman. Ont: Canada.

June 13. 22.

Mr. O. Coulter.

Dear Sir:-

I am writing these few lines to you, hoping that you, being interested in lifting will be interested in the contents of this letter, & believing you would be, I take the liberty of writing you, instead of waiting for you to acquire information from the magazines.

For many years I have desired to see a lifting asso: in existence, by which all lifters on the continent would be consolidated. Some times we had hopes of such, but always it fell thru.

When MR Bernard resigned the editorial chair of "Health & Strength", & took over the editorial chair of "Health & Life" of Chicago, I believed that an opportunity had presented itself, as he was the president of the B.W.L.A. & a friend of mine, & as soon as I broached the plan to him he jumped at it with the result without any loss of time we laid the foundations of a lifters asso:, which will be fully explained in "Health & Life" for July. It will be same as the asso: of other countries, & the same rules so no dispute re worlds titles, or for worlds records can exist.

The only difference is that there will be an additional honor for titles & records, & instead of 42 lifts, there will be 47.

The extra honor will be known as the continental champion, by which a man will be the champion of the whole American continent, including Canada.

Continental records will exist also.

Now we shall require organizers in each state. These men will have a place at the table of the central council whenever they meet, & will have the right to settle disputes & promote competitions, contests, & pass records in thier state. The immensity of distance makes this necessary.

All contests, records etc, must be passed by official referees, who must pass a test, & receive certificates. Certificates will be issued to all winners of records on any of the 47 lifts, for state, national, continental & worlds titles.

Mr Bernard is appointed the President, & Treas:, A.F. Gay of Rochester vice president, & myself as Sec: & technical advisor. Now we want some real men as organizers for thier state, & I would be pleased to see you offer yourself as one, always having you in mind.

Mr Bernard & I intend to make a tour of the states to promote the asso:, & hold competitions in each place where we go, & pass records, & organize, besides demonstrating the practical up-to-date methods of lifting, & we want all enthusiasts to help make this a success.

Can we count on you here?

"Health & Life" is published in Chicago at \$1.50 a year, & I would like to hear from you in regards to this letter, & also to know that you had wrote to the editor of "H & L" stating you had heard from me, & that you was willing to help in the asso: & with the tour in your city.

He will appreciate this, as he desires to know first from all the feelings of the interested parties.

I may say that I have been organizing the French Canadian lifters, who are

a wonderful lot .

We are meeting with much response from all the lifters, who are great for the cause.

Hoping to hear from you in the near future, & that you will be for the cause.

Sincerely your in physical endeavour.

Geo. F. Jewett.

"N.Y." office

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Chicago. Ill.

The Assn: will be known as the "American Continental  
Weight-lifter Assn."