

then would be the time to set the pace between North versus South. What do you think?

## Bolton Y.M.C.A. Weight-Lifting Club.

LAST month a weight-lifting match took place between Mr. J. Parkinson and Mr. H. S. Livingstone. The lifts were the three amateur lifts and two hands continual jerk. These were performed in really spirited style, Mr. J. Parkinson running out the winner by 195 lbs. Mr. F. Hailwood lifted 180 lbs. by sitting up from prone position, his weight being 9 st. 4 lbs. Mr. W. Wilkinson lifted 213 lbs. at 7 st. 7 lbs. in one hand anyhow to shoulder. This he claims as an 8 st. record. Harry Vickers just failed to fix 126 lbs. in crucifix lift, his weight being 10 st. Mr. R. Briggs pulled over and pressed 180 lbs. to arms length whilst in a bridge. He also pulled over 220 lbs. in the same position. Mr. Briggs' weight is 11 st. 7 lbs. Mr. H. Vickers put up a silver medal for sack lifting, but no one was successful in doing the lift.

of the Boys' Brigade.  
Ship Shield for Gymnastics last month.

developed and most symmetrical amateurs in England to-day, weight 11 st. 7 lbs. about, one hand snatch 130 lbs., one hand clean and jerk right 160 lbs., left clean and body-press 170 lbs., two hands clean and jerk 235 lbs. The next two hardly touch lifting. E. Wetter is the next, and standing 6 ft. high, does left hand snatch 105 lbs., right snatch 110 lbs., body press 130 lbs., left swing 105 lbs., right swing 112½ lbs., right clean and jerk 135½ lbs., two hands clean and jerk 196 lbs., two hands continental to chest 225 lbs. S. Johnston, right and left snatch of 103 lbs., right jerk 126 lbs., two hands jerk 187 lbs., two hands push 150 lbs. Henri Cole, who may justly claim to be the ex-9 st. 7 lbs. champion and holder of 9½ st., 10 st., and 10½ st. records, with attested lifts as follows: Left snatch 125 lbs., right snatch 130½ lbs., right military (several times running), 80 lbs., double military 160 lbs. three times consecutively, right and left clean and jerk with dumbbell (not barbell) 160 lbs. and 135 lbs., right and left swing 120 lbs. each, dumbbell in each hand simultaneous over head, clean, 95 lbs. and 90 lbs., crucifix 55 lbs. right and 50 lbs. left, held for five seconds, biceps curl movement with 98 lbs. back of hands to front. The above lifts were performed whilst weighing 9 st. 5 lbs. It will be remembered that at the recent professional display at the Camberwell Baths Henri Cole made several British professional 9 st. records, although he has comparatively given weight-lifting up. The above pupils have won some 25 medals between them for lifting, &c.

Manchester readers of HEALTH AND VIM are invited to call and see the classes at work any Wednesday or Friday from 8 o'clock.

Is a Northern Association desirable? This has been proposed on more than one occasion, and we believe it would ultimately produce a beneficial result, and

## Why do the Northerners Paddle in the Background?

AMONG the questions and queries of the month comes this one for a reply.

Our Northern friend has always worn the coat and crest of the strong man, but seldom do we find him in any of our competitions. He seems somehow or other to avoid the publicity in which the Southerner finds delight. To make the sport unique we must include him. We want rivalry, and once he can be induced to participate so also will the interest.

Our cover this month is as suggestive as it is striking. These are some of the very lads to whom I have been referring. They may be giants, and we admire their stature; they may be robust, and muscular, and enthusiastic lifters, but what does it profit "the world of weights," if the sport is dead through declination of competitive meetings. Henri Cole, whom we will call the "Veteran Record Breaker," with some of his well-known pupils, forms the cover of this issue. Some of their achievements will be noted with interest: Mycock, weight under 8 st., 80 lbs., one hand jerk; 120 lbs. two hands jerk; W. Bradburn, 7 st. British Amateur Champion, 1912; W. Fox, one hand jerk 100 lbs., one hand snatch 95 lbs., two hands jerk 150 lbs.; J. Perkins, two hands jerk 120 lbs.; W. Blunt, one hand snatch 90 lbs., one hand jerk 95 lbs., two hands jerk 150 lbs.; two hands push 125 lbs.; John Fleming, one of the best