

MODERN METHODS OF MUSCLE MAKING

Is the title of my beautiful 16 page Booklet just off the press. The Booklet fully explains the secret of obtaining

**Great Strength and
Development,
Increased Will Power,
Cause of Failures, Etc.**



This remarkable Booklet explains the secret of success. How every Man, Woman, or Child can be healthy, well developed, and strong, for the sum of 5/- It is not necessary to spend more. Therefore, before parting with another penny piece, send now for my Booklet, which is printed on art paper and fully illustrated with many beautiful photographs. The Booklet is well worth a shilling and will be sent FREE to all enclosing penny stamp for postage.

**NO PHYSICAL CULTURIST SHOULD BE
WITHOUT IT.**

Don't delay, but send at once to

T. E. BLACK,
Physical Culture Expert,
(Dept. V.),
**OSMASTON ROAD,
LEICESTER.**