

Caractacus of Cumberland.

Caractacus is a lifter of considerable repute in Cumberland and Westmorland. His lifts, as supplied by his brother, Mr. A. Barlow, of Maryport, are as follows: Swing dumb-bell, one hand, 128lb.; snatch dumb-bell, one hand, 146lb.; press two hands, 218lb.; two dumb-bells, all the way, right 112lb., left 108lb., 220lb.; press, one hand from shoulder, two hands to shoulder, right 246lb., left 246lb.; bar-bell jerked from body while forming a bridge, 278lb.; two hands, Continental style, 256lb. He can press a bar-bell with either hand, a feat few pros. can do; his record for his left is the same as his right, and he is willing to meet any middle-weight at the following: (1) Press bar-bell left hand; (2) press bar-bell right hand; (3) two hands while forming a bridge; (4) harness lift; (5) chest expander pulling; total to count. He stands 5ft. 7 $\frac{1}{2}$ in. without shoes, and weighs 11st. 21lb. stripped; is always in hard training, and gives some excellent turns on the halls.



Caractacus.