

Inkerman. Ont: Canada.

Oct: 14. '22

Dear Friend Coulter, I have just received your letter & am hastening to reply for the reasons you state. We have had a lot of trouble lately with the Asso, that you are not acquainted with. The former proprietors of H & L tried to put the confidence trick over Mr Bernard, & I was getting sick of writing & getting no answers & receiving complaints, till at last I wrote & told them that unless something was done immediatly I would resign & quit. The result was that Bernard had an investigation & uncovered a lot of dirt, & got after them with the result that he bought the whole rights of the mag: out, & now with the last issue of H & L was the commencement of the new sole control, & things are moveing better. Clark had appropriated the lifting funds as well as other, & I am going to N.Y. to see him next week.

As regards the error in the mag: you state, I will say that it must have been an error of the printers, as I stated in your record that the total as stated on your photo was the poundage you did, & that Travis won, but you made remarkable showing for your weight, & I am writing to the editor as soon as I finish this to you, to ask him to correct it

To tell you the truth of it, I never noticed the error, & commend you greatly for the stand you take, as I believe in giving honor wherever it is due. With regards to Gay's challenge concerning you. I thought that we could arrange lifts to suit you both & thus give you a chance.

Gay does make a mistake in challenging on lifts not included in the A.C.W.L.A 49 lifts, & I have drawn it to his attention recently, as when Snyder wrote me accepting his challenge for Weber, I submitted a list of title lifts, that is lifts that are only recognised when lifting for a title, & he picked none of them whilst Snyder conformed to the rules. As yet Weber seems to be backing out, & Snyder intends to claim the title by default, & set up a total of lifts, & accept any challenge to defeat them or him.

Whilst I do not approve of claiming titles by default, yet I do not like people to issue challenges & not stand by them. It looks like cheap notoriety to me, but it will give things a start, & Snyder is open to defend his title against all comers under the asso: ruling.

You remark re the slow curl. Yes it is a recognised lift, but not a title lift, but any of the lifts can be used when making matches for individual supremacy. You understand.

I shall state to the editor that no matches can be made on lifts under our asso: that are not included in the recognised standard list.

I have a good boy here about 140 stripped who should make you a good match, & who can lift any style, overhead or dead, which would give you a good opportunity on your style, as I know you can beat him, according to your records submitted to me. At present he is laid up with an accident, but would consider a go, if it could be made worth while, later on.

The lifters' poundages you mention were not official, & I have been impressing it upon the editor to state in the mag: to the readers, the significance attached to having lifts recognised officially.

As you state emphasis should be laid upon this point, & now the right man has control, I think we will see much adjusted.

With reference to your query, re the P.C. strong man tourney. You have touched a delicate subject.

Our organization will not take an active part in it. I know that some lifters asked to have me there as a judge, amongst the others, & to represent our organization, but the P.C. promotion would not consent to it.

The lifts do not conform to any ruling, & they are a bad set, & in many minds appear to be so fixed to suit certain lifters, but here I do not committ myself. Anyway, the people who got them up, know little or nothing of lifting

I do not think it would be a bad precedent for any of our members to lift in that contest.

I believe in taking all the experience possible, & anyway it helps the game, as it creates interest, & shows that we have no antagonistic views. One thing is quite evident, & that is, that the lifts used in this tourney are such as will not give satisfaction to the great majority of lifters, as they are all out of proportion.

A third class ~~xxxxxxx~~ overhead lifter who is a first class back lifter in this contest, will easily outclass a man who is a first class overhead lifter & even a second class back lifter. There is no proportion as I said. There is no doubt that P.C. has the prestige, but I very much doubt whether the winner will carry the prestige as you suggest.

There is this point to look at. A man who wins under our ruling, or under recognised title lifts, will have greater prestige, for he is able to bill himself, as the only American heavy weight champion officially accepted by the leading lifting organs of the American continent, & in Europe & Britian, which the N.Y. man cannot.

Anyway, I am going to use all the diplomacy possible, as I intend to go over as a spectator, & I have helped the promotion with thier work on this side, encouraging our men to contest, but few will on account of the lack of proportion in lifts, & on the conditions on the whole. I will not dwell on these now, as you will likely have thieractifications to hand by now, & your lifting knowledge will bring you to the same conclusion as mine. The fact that an organization will change the lifts a week beforehand is evident of incompetance, & lack of comprehension of lifters.

I might say, that they wrote back telling me they would be pleased to do anything for me when I came over, & I asked the previlige of taking the platform each day, & demonstrating lifting, & its scientific application, in order to acquaint non overhead lifters with the more up-to-date methods, & to boost the association. In thier reply they refused, stating they wre not interested. I did not get mad, but answered politely, & intend to have a talk with Mr. McFadden, & ask him how he intends the title shall be defended, & if possible seek co-operation under our auspices.

When we hold our championships, which Mr Bernard hopes to pull off in the new year in Chicago, we will call upon the winner to defend his title, & if not, we will endeavour to make a match between our winner & the N.Y. winner. As long as "Strength" does not accep<sup>t</sup> him, which I think they will not, we will not have it so hard. By the way, I will answer another of your queries here. I wrote different times for H & L to negotiate with "Strength", & I wrote Bernard of its neccessity, since things have got straightened out for him, & in a recent letter he asked for thier address, & is negotiating with them now I presume. But by being there for the tourney, & informing P.C. of our willingness to co-operate, & that I am there to boost things for them in H & L, providing they meet us half way, & by a little talk with McFadden I hope we will make things go smoothly.

You next ask for the qualifications re an amateur. With this subject we will have to be lenient & pass over much as in other things, for the simple reason, we would be excluding a lot of men, who would not be pros, if any asso' had existed for thier protection.

As you know, all amateurs can be reinstated, therefore all who desire are reinstated, & all can come in as amateurs who desire, & belong the amateur branch, to these who recognise this point, & join, must after, always adhere to the ruling that controls all amateurs. That they cannot lift or exhibit for remuneration, beyond thier expenses for train & hotel service.

We have to make our principle broad in order to give everyone a chance.

It is not necessary for members to compete

in competitions, or strive after titles if they do not so desire, or even to become a record holder. What we want is the co-operation of enthusiasts. You yourself give the best definition as to what we should stand for when you state we stand for to govern the interest of the game, rather than say who shall do the lifts.

Everybody is welcome who is interested, & by all means let them join. Of course we would like to see as many as possible try for records, for state records, county, or anything at all. You voice the opinion of the asso, when you state that we stand for the future only, which is up to the lifters, the past can take care of itself.

I only wrote the editor the other day urging him to send our application blanks to all the representatives, & it would be wise if you would take the time to urge him also.

You have the right idea of lifting, & what it means to our organization, & I am well pleased with your useful forethought.

You state that there are some of your boys who are willing to start records, then by all means let them get busy. What we want is action, & that will set the spur for others to come in & beat the records if they can, & it will give encouragement to many to have the pleasure of winning a certificate, where if it was left to the best men to set up records, we would loose a lot of enthusiasm from poorer lifters.

I am glad to hear that you will be able to have your name on the record book, & hope you have lots of good luck, also your friends & pupils.

The Jefferson lift as done in Canada, is performed upon an apparattus as drawn, with the handle unscrewed to the height to satisfy the lifter according to his height, & as long as he lifts it off the ground, that is all that is required. The difference between this & the dead lift as performed by other countries, is that other country lifters have a bell with plates or globes not exceeding a diameter of 14in, I think, & with feet & knees locked, it must be taken in one movement till the arms & back is straight & held.

I agree with you that the Jefferson, Kennedy or Harness lifts should not be held until a count is made, as in overhead lifts.

You make a statement re the Jefferson lift in a Canadian competition.

They lift on the apparattus as I have said, & with legs locked, only they unscrew the handle to suit thier heaight, which does not require as much back exertion as required under B.W.L.A. ruling.

The reason why the Jefferson & Kennedy lift was placed upon our list, was because so many of the French-Canadian lifters use it, & many American lifters, & we had to include ther favourite, as otherwise it would not be fair.

The Kennedy lift is done in Canada as you ask, & the same apparattus used as for the Jefferson lift.

You say you are lost re my asking for your definition re the harness lift, also that it is not listed on the record list of lifts. It is not listed as yet, but many asked for it, & I thought it would be alright to include it to satisfy these lifters, as we are out to boost every legitimate lift that is performed by lifters, & exclude none if possible, altho, we would not include any of these lifts in title conteste, tho as I said before, they can be used in individual contests, & for record creating.

The sheet that I sent you of the lifts was correct, & No 48 should have read for the Harness lift & not dead lift, as the dead lift is No 44.

I have seen the harnes lift done many times, but thought with you having practical experience on this lift, it would be better for you to define it, as also the Jefferson & Kennedy, as I never did them, but have seen them often done, but am essentially an overhead lifter. You understand.

The harness lift is surely included, as many wish it, & I hope you make a record for us at it, as you sure do good at your weight according to your statement. So send me your definition.

I was anxious to know wether you had got the photos I sent you or not, as I did not hear from you, & am glad that you like them, as we will never be

*Not meaning the definition is not listed yet on the rule book*

likely to obtain them anymore, & I knew that was our chance, & I knew you would appreciate them as all true lovers of the game do. I have unfortunately lost a lot of my good pictures, by sending them in with articles for publication, & never had them returned, which is a loss. If you enter the tourney in N.Y. I will likely see you, & talk things over. I shall be staying with my friend Earle Liederman, so you will know where to find me.

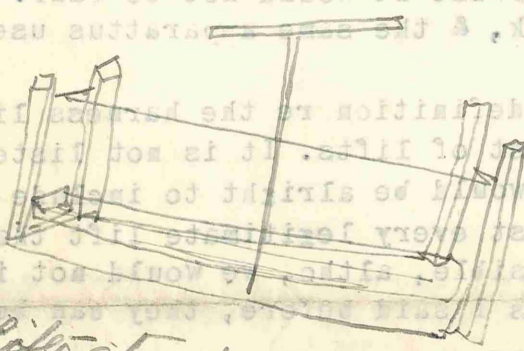
Gay is not competing on account of the disproportionate lifts, but will challenge the winner under our ruling, & will enter our tourney. As I have said before, others kick for the same reasons, & are not competing as they think they have no chance. It will certainly not hurt the members of our asso: to compete, & will not prevent them from competing under our ruling in any future events held by us. Now, I have taken your letter page by page & answered your every query, to your satisfaction I hope, & do wish you would write the editor urging him to rush things. I will write you more as soon as I come from N.Y. re my talk with McFadden, & if you are there, then we will both talk to him, & try to make a cohesion.

Goodbye for now.

Your friend,

Geo. S. Jewett

The article to be published in "Strength" was written previous to the A.C.W.S. & formation so unfortunately will have nothing to say of it.



Lifts stretch at each side  
the weights are placed on the  
central piece that fits inside  
of the posts & slides up inside  
of them. The bar is kept across  
to steady the handles

Vertical bar is kept steady by the handles