

# A Double Champion.

SERGEANT T. M. PHILLIPS, physical instructor to the Burnley Lads' Club, is now a double world's champion. He recently swung clubs for 68 hours, with 3lb. clubs, thus beating all records up to date; and he has now broken the hammer-swinging record of 22 hours, held by George Poucher, with a 10lb. 2oz. hammer. This feat he performed at the Mechanics' Institute, Burnley, on May 27th and 28th, using a hammer weighing 10lb. 5oz. He commenced swinging on the Friday at 8 p.m., and kept it up until 9.30 p.m. on Saturday, thus adding  $3\frac{1}{2}$  hours to the previous record,



Sergt. T. M. Phillips, the Hero of the Hammer.

with a hammer 3oz. heavier. It was a remarkable performance in every way, for his average swings were 75 per minute, and on one occasion, shortly before breaking the record, he made 98 swings in one minute.

The Pressmen present sent for two doctors, who on examining the sergeant expressed great astonishment on finding that his heart and pulse were in a normal condition.

It will be remembered that endurance club-swinging was first introduced by Arthur Lancaster, who swung an 8lb. hammer at the Crystal Palace for 12 hours in 1908. This was considered very wonderful at the time, yet now the record stands at  $25\frac{1}{2}$  hours, and no doubt this will soon be beaten, probably by Sergt. Phillips himself. Who knows but what some champion may yet come forward to swing the hammer for—say 68 hours?