

Listed below is the record of Norbert Schemansky. It is something else. Born 3-30-24 and is now 58 years old.

World Championships - 1951, 1953, 1954....1st.
2nd in 1947, 1962, 1963.

Olympic Games - 1st in 1952; 2nd in 1948;
third in 1960 and 1964; Injured in 1956.

National Championships - 1st in 1949, 1951,
1952, 1953, 1954, 1957, 1962, 1964, 1965.
2nd in 1947, 1948, 1960, 1963; 3rd in 1959

Pan-Am Games - 1st in 1955.

Junior Nationals - 1st in 1946.

Won North American Championships four times and the Michigan state title 20 times - in the 198, 225, and heavyweight classes. Set 26 world records, 52 national records. Was Mr. Michigan in 1953 and rated fifth best athlete, regardless of sport, by Germans in 1954. In Michigan, Polish-American and Weightlifting Halls of Fame. Sidelined most of 1955 and all of 1956 with back injury.

Coached Astro Gym team for 10 years (1960-70) and won state team title 10 years.

Has not competed since 1968, but word coming from the gyms indicate that he's still capable of adding 50 pounds to the 55-59 age group records. His current address is:

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