"About a fortnight before Sandow came on the scene, I accepted Samson's challenge to test the chains he was breaking. It was, I remember, on the 2nd October. He objected to my trying them -and there was a scene. Before I left the stage I raised, without difficulty, to my shoulders Samson's barbell, which he stated was 350lbs. The papers were full of it next day, and I was interviewed by

several.