

EVERETT BULLETIN.

"SUCCESS IS NOT AN ACCIDENT - IT IS A NATURAL CONSEQUENCE -

When you train the EVERETT WAY !

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- ....."Old fashioned methods have proved wasteful, largeley unproductive and impractical. A system which is not practical is of no earthly use."
- ....." A great many fail to gain on ordinary methods because their bodily systems are in a negative gaining state...their bodies almost totally unresponsive to muscle-building training."
- ....." Cellular growth of muscles can go on indefinitely...Because the Everett Training is based on the sound principle of Muscle Nutrition, results are sure and rapid...It is the Practical System which enables every man to achieve massive muscular size."
- ....." Do you want to train for the sake of it or do you want results ?...You don't want training for fractional gains here and there - YOU WANT BIG OVERALL INCREASE IN BODY-BULK - of the kind that is clearly evident in clothes as well as stripped !."
- ....." these methods give muscular size first importance, as the larger a muscle becomes the greater its strength potential - and the more handsome the appearance...You get handsome bulk in good proportion the Everett Way !."
- ....." this system builds you a Massive Physique in the shortest time with the greatest effort economy!...just SIX MONTHS! EVERETT TRAINING can give you a brand new body!."

( extracts from "A MIGHTY PHYSIQUE"  
by John Everett)