

282.—Jas. Nisbet, 153, Garngad Road,
Townhead, Glasgow. Measurements as fol-
lows:—Age, 21 years 3 months; weight,
10st. 4lb.; height, 5ft. 5½in.; neck, 16½in.;
upper arm, 14½in.; forearm, 12½in.; wrist,

7½in.; chest (ordinary), 39½in.; expanded,
46in.; waist, 29in.; hips, 36in.; thigh, 22½in.;
calf, 15½in.; ankle, 8½in. He has accom-
plished the following feats in weight-lift-
ing:—One hand steady lift, 120lb.; two
hands steady lift, 190lb.; 60lb. one hand
24 times above head; 56lb. weight 34 times
above head, one hand.