

A. HENDRICKX,
HEALTH SPECIALIST.

MANIPULATION,
OSTEOPATHY,
EXERCISES,
DIETS, ETC.

HOURS 11 TO 6,
OR
BY APPOINTMENT.

TREATMENT ROOM.—

16, SPRING STREET,

LONDON, W. 2.

THE "VITL" SYSTEM
FOR
HEALTH, STRENGTH & SUCCESS.

August 9th 1922.

Dear Sir,

I am in receipt of your letter of the 25/7/22
for which I thank you.

My exercises are based on the anatomical,
physical, mental and psychical requirements of each client.

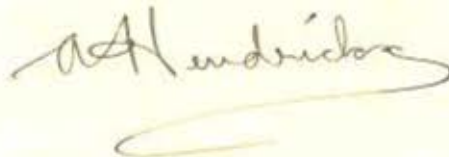
Physical Culture has now come to such perfection
that, when applied with common-sense, it is able to restore
health or improve it, and open the roads to success and
happiness.

My long experience has brought me to the conclusion
that even those who are fit, require a certain amount of
rational exercise daily.

My exercises are so composed to suit the individual
that after ~~after~~ a course of 12 lessons, he or she, feels fitter
and better, in every way.

If you will fill in the enclosed bulletin
and return to me with p.o for the amount you wish to pay,
I shall be glad to post you a course to fit you specially.

At your service,



E.G. Coulter Esq.,
Pittsburg,
Pa. U.S.A.