

**B. Carrington (Paddington).**—Chas. Russell, we believe, holds several professional 10st. records, but we have not an account of them. Will endeavour to obtain same. W. P. Caswell before he became professional made the following lifts in the amateur championships: 154lbs. right, 169lbs. left, 200lbs. both hands. Has since made a clean right-handed lift of 307lbs., but his weight is now something over 10st.