

From a Glasgow Health Culturist

TO THE EDITOR:

I am sending you a photograph, posing as an athlete resting. I hope to see it in your next number. I have been a physical culturist for the last six years, thanks to your magazine. I have been a reader ever since, and I shouldn't hesitate to say that you have done more for the physical culture cause than all the rest of the magazines put together.

My measurements are as follows: Weight, 140 pounds; height, 5 feet, 7½ inches; chest, 39 inches; waist, 29 inches; hips, 37 inches; thighs, 22½ inches; calf, 15 inches; biceps, 13 inches; neck, 16 inches.

MICHAEL COWAN.

South Side, Glasgow, Scotland.