

# A TEN-STONE WONDER.



**O**F all the claimants to the ten stone weight lifting championship of Britain, Achilles holds the best record. Those readers who have not had the pleasure of seeing his performance at the various halls, should hasten to enjoy it at the first opportunity. He has toured all over America and Europe. Achilles is one of the finest specimens of all-round developed Englishmen we have. Born at Manchester in 1873, where he at present runs an hotel. He is not only a weight lifter, but has wrestled and defeated E. J. Clarke, champion of Forfarshire, in the catch-as-catch-can style. Lately, he defeated Peter Ross, of Dundee, the 10 stone weight lifting champion of Scotland. Previous to turning professional strong man, he travelled as sparring partner with Prof. Mitchell, one of England's finest boxers. Achilles' development is very symmetrical, which the following measurements will prove:—Height, 5ft. 7½in.; weight, 10 stone 3lbs.; biceps, 15½ in.; forearm, 12¾in.; thigh, 22in.; chest, 45in.; calf, 15½in.

With two hands he raises a barbell weighing 235lbs.; with his teeth 230lbs.; one hand 216lbs.; while lying flat on back, he brings from behind head a 200lbs. barbell with two hands to arms' length above head, then rises to standing position with the weight in his arms. He walks round the stage supporting in all a weight of 660lbs. Another of his feats is supporting over 2,000lbs. on a platform fixed on his chest, which is made more difficult owing to the smallness of the platform used. This is truly a wonderful performance for one of Achilles' weight.