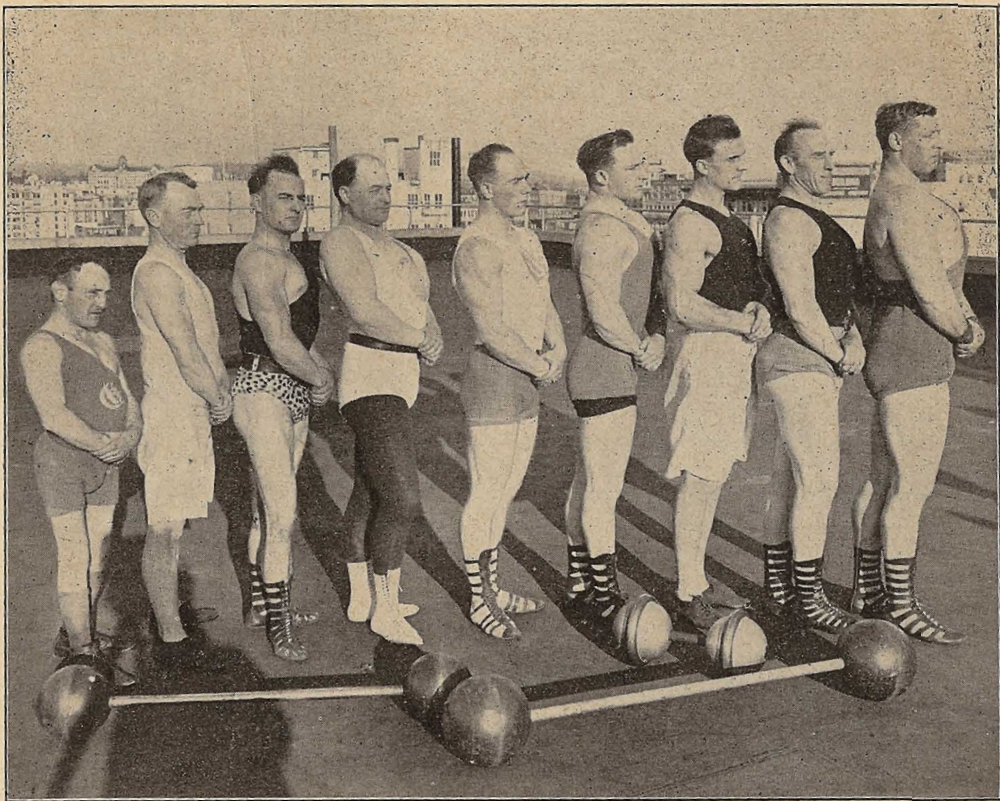


A Coterie of the Strongest Men in the United States

Athletics of the Los Angeles Athletic Club

By the Editor



The above photograph shows an aggregation of athletic stars and performers, all of whom are members of the L. A. A. C. This club, with a membership of 5000, is the most finely equipped in the United States. Its gymnasium facilities are unexcelled. Special attention is given to weight lifting under the direction of "Al" Treloar, former Orpheum Star (who won the \$1000.00 prize in Madison Square Garden, New York City, 20 years ago for being the most perfectly developed athlete in the world). Mr. Treloar is an athlete with an international reputation, has always been an enthusiast on weight lifting, and attributes his own perfect physical condition to the practice of this fascinating sport.

Left to right in the above photograph are: "Sammy" Brooks, "Paperweight" Champion; "Admiral" Long, Indian Club Champ; Mark Jones (Madono), Professional Lightweight Champion; Milo, Professional Ex-Champion of the World; "Al" Bevan, famous English lifter; Edw. W. Goodman, Champion of Southern California; Arthur Poll, Flying Rings Champion; "Al" Treloar, Physical Instructor of the Club; Noah Young, National Champion.

These athletes range in weight from 90 pounds to 230 pounds, and their combined and respective performances are nothing short of remarkable. Take, for instance, Noah Young, "Al" Treloar, Edw. W. Goodman, Mark Jones (Ma-