LETTER TO THE EDITOR.

A WEIGHT-LIFTER'S CHALLENGE.

OPEN TO EVERY 100-LB. MAN IN THE WORLD.

To the Editor of "THE APOLLO MAGAZINE":

Sir,—I have been asked numerous times by my friends to give an account of my career and experiences as a weight-lifter, and I am beguiled to see your magazine do so. I started training when sixteen years of age with a dumb-bell and a chalk collar, but my ideas of strength were very limited until I happened to see the history typed of strong men performing as a bodybuilding act at a local hall. Ever since then I have been interested in weight-lifting and exercises, and I entered vigorously into the art of lifting, weight-lifting, and carrying it off the stage. I did not succeed in doing so, but made the best attempt thereby winning the competition. When the trials were over, many of my friends said to me, and advised me so, but much to my astonishment, thereby winning the competition. I followed his advice, and I have been told that the weight-lifting world is the one that has captured the heart of fine competition, and all-round weight-lifters soon unite every time. I have often entertained thoughts of the A.A.A. and the Miniature Heros' annual weight-lifting competition, and the Atlh. (all-round weight-lifters) will meet every year. I am writing to you with the hope that you will publish my story. My name is John Smith, a weight-lifter from New Zealand. I have been told that the weight-lifting world is the one that has captured the heart of fine competition, and all-round weight-lifters soon unite every time.

The letter is signed by William Smith.