WITH THE WEIGHT-LIFTERS.

Good Luck for the Sport

Amongst the Boys!

Bravo! Balham Y.M.C.A.

On the 12th November the, opening of the

Balham Y.M.C.A. was attended by a

large contingent of the local weight-lifters.

The meeting was held at the

Y.M.C.A. on West Hill, and was opened

by the Rev. Dr. G. S. Miller, who

read a paper on the subject of weight

lifting, and the various forms of exercise

that can be practised by the ordinary

man. The meeting was attended by a

number of local worthies, and the

weight-lifters were presented with a

number of trophies and medals.

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