An Interesting Letter to the Editor.

Sun.—Whilst looking through an old copy of the Illustrated London News, dated August 16th, 1852, I came across an account of a Scottish fête which took place at Holland Park, London. A few events inspired there which I think would be of some interest to readers of your excellent magazine. The writer rather quaintly says—"There was a specimen of wrestling given in the Cornish style, in which the wrestlers do not grasp each other round the body, but by the hands or collar, and the first effect is to trip; after which victory turns upon a single effect. Throwing the hammer was the next event, the victor, D. Kennedy, causing the hammer (which was 17 lbs. weight) 107 ft. Mr. Harrison's Indian club exercise must not be omitted from the list of performances. The clubs he now wields are larger and heavier than those of last year, yet he throws them round his head with the greatest ease. We learn that Mr. Harrison first began to use the clubs three years ago, at which time his muscular development was considered very great, his measurements being then: round the chest, 37½ in.; round the upper arm, 13½ in.; round the forearm, 13 in. The clubs with which Mr. Harrison first commenced weighed 7 lbs. each. He has since increased progressively until he now wields, with perfect ease, two clubs, each weighing 37 lbs., his largest clubs being 45 lbs. each. The effect of this exercise on the wrestler's measurements was as follows: Round the chest, 40½ in.; round the upper arm, 15½ in.; round the forearm, 14 in. At the same time his shoulders have increased immensely, and the muscles of his thighs, which were weak when he first used the clubs, are now largely developed and powerful. In short, all the muscles of his trunk have been much improved by this exercise."

Yours truly,

W. Barry.